

FREE PRINTABLE · CLEANING

Bedroom Reset Checklist

Fifteen minutes to turn a bedroom back into somewhere you want to sleep.

ROOM

DATE

SURFACES

- ☐ Clear the bedside tables
- ☐ Clear the chair of clothes
- ☐ Take out cups and plates
- ☐ Dust the tops of furniture
- ☐ _____
- ☐ _____

BED

- ☐ Strip the bedding
- ☐ Fresh sheets on
- ☐ Plump and straighten
- ☐ Vacuum the mattress if it is changeover week
- ☐ _____
- ☐ _____

CLOTHES

- ☐ Dirty into the basket
- ☐ Clean folded and put away
- ☐ Hang up what belongs on hangers
- ☐ Set out tomorrow's outfit
- ☐ _____
- ☐ _____

FLOOR & FINISH

- ☐ Clear everything off the floor
- ☐ Vacuum including under the bed
- ☐ Open a window for ten minutes
- ☐ Curtains straight, lamp on
- ☐ _____
- ☐ _____

Bedding change log

WEEK	SHEETS CHANGED	PILLOWCASES	DUVET COVER
Week 1			
Week 2			
Week 3			
Week 4			