

Bedroom Reset Checklist

Fifteen minutes to turn a bedroom back into somewhere you want to sleep.

ROOM

DATE

SURFACES

☐ Clear the bedside tables

☐ Clear the chair of clothes

☐ Take out cups and plates

☐ Dust the tops of furniture

☐ _____

☐ _____

BED

☐ Strip the bedding

☐ Fresh sheets on

☐ Plump and straighten

☐ Vacuum the mattress if it is changeover week

☐ _____

☐ _____

CLOTHES

☐ Dirty into the basket

☐ Clean folded and put away

☐ Hang up what belongs on hangers

☐ Set out tomorrow's outfit

☐ _____

☐ _____

FLOOR & FINISH

☐ Clear everything off the floor

☐ Vacuum including under the bed

☐ Open a window for ten minutes

☐ Curtains straight, lamp on

☐ _____

☐ _____

Bedding change log

WEEK	SHEETS CHANGED	PILLOWCASES	DUVET COVER
Week 1			
Week 2			
Week 3			
Week 4			