

FREE PRINTABLE • MEALS

Family Favourites Menu Board

Every meal your household will actually eat, on one page, ready to point at.

Laminate this and stick it inside a cupboard. When nobody can decide, you stop inventing and start choosing.

15 MINUTES OR LESS

ONE POT / ONE TRAY

EVERYONE EATS IT WITHOUT A FIGHT

SLOW COOKER & BATCH

MEAT-FREE

WEEKEND / WHEN THERE IS TIME
