

Monthly Cleaning Rotation

The jobs that only need doing once a month, spread across four weeks.

MONTH

YEAR

WEEK 1

- ☐ Clean inside the fridge
- ☐ Descale the kettle
- ☐ Wash bath mats and tea towels
- ☐ Wipe skirting boards downstairs
- ☐ Clean the front door
- ☐ _____
- ☐ _____

WEEK 2

- ☐ Clean the oven
- ☐ Run a hot empty dishwasher cycle
- ☐ Wash windows inside
- ☐ Dust light fittings and shades
- ☐ Vacuum under the sofa
- ☐ _____
- ☐ _____

WEEK 3

- ☐ Clean the washing machine drawer and seal
- ☐ Descale shower head
- ☐ Wipe inside kitchen cupboards
- ☐ Wash cushion covers
- ☐ Clean bins inside and out
- ☐ _____
- ☐ _____

WEEK 4

- ☐ Dust the tops of doors and frames
- ☐ Vacuum mattresses and flip them
- ☐ Clean mirrors properly
- ☐ Sort one drawer or shelf
- ☐ Check smoke alarm batteries
- ☐ _____
- ☐ _____

Done this month

	DONE	DATE	WHO
Week 1			
Week 2			
Week 3			
Week 4			