

FREE PRINTABLE · BUDGET

Net Worth Statement

Assets minus liabilities, four quarters on one page.

YEAR

PREPARED BY

Assets

WHAT I OWN	Q1	Q2	Q3	Q4
Cash & current accounts				
Savings & emergency fund				
Investments				
Pension / retirement				
Property (market value)				
Vehicles				
Other				

Liabilities

WHAT I OWE	Q1	Q2	Q3	Q4
Mortgage				
Vehicle finance				
Credit cards				
Personal loans				
Student loans				
Other debt				

Net worth

	Q1	Q2	Q3	Q4
Total assets				
Total liabilities				
NET WORTH				

Update it once a quarter, not once a week. Net worth is a trend line, and checking it daily only teaches you to panic.