

Seasonal Deep-Clean Checklist

Four times a year, the jobs a weekly routine never touches.

SEASON

YEAR

DAYS SET ASIDE

KITCHEN

- ☐ Empty and wipe every cupboard
- ☐ Clean behind the appliances
- ☐ Degrease the extractor filter
- ☐ Defrost the freezer
- ☐ Descale taps
- ☐ _____

BATHROOMS

- ☐ RegROUT or reseal where needed
- ☐ Deep clean tile grout
- ☐ Clean extractor fan cover
- ☐ Wash the shower curtain
- ☐ Clear the drains
- ☐ _____

BEDROOMS

- ☐ Turn and vacuum mattresses
- ☐ Wash duvets and pillows
- ☐ Clear under the beds
- ☐ Sort wardrobes by season
- ☐ Wash curtains
- ☐ _____

LIVING SPACES

- ☐ Shampoo carpets or rugs
- ☐ Clean upholstery
- ☐ Wash windows inside and out
- ☐ Dust books and shelves
- ☐ Clean radiators behind and under
- ☐ _____

WHOLE HOUSE

- ☐ Wipe every door and frame
- ☐ Clean light switches and sockets
- ☐ Dust ceiling corners and cornices
- ☐ Wash bins
- ☐ Check for damp
- ☐ _____

OUTSIDE & UTILITY

- ☐ Clear the gutters
- ☐ Sweep paths and the patio
- ☐ Clean outdoor bins
- ☐ Check the boiler and filters
- ☐ Test alarms
- ☐ _____