

Zone Cleaning Planner

Split the house into five zones and rotate one per week — nothing gets missed for long.

Each week you focus on one zone and do only maintenance everywhere else. Over five weeks the whole house gets deep-cleaned without a single lost weekend.

Define your zones

ZONE	ROOMS IT COVERS	WEEK IT COMES ROUND
Zone 1		
Zone 2		
Zone 3		
Zone 4		
Zone 5		

WHAT A ZONE WEEK LOOKS LIKE

☐ Monday — declutter the zone

☐ Tuesday — dust top to bottom

☐ Wednesday — wipe and wash surfaces

☐ Thursday — floors and edges

☐ Friday — the one job you always skip

☐ _____

☐ _____

EVERYWHERE ELSE THAT WEEK

☐ Beds made

☐ Dishes done

☐ Surfaces wiped

☐ Bathroom sink wiped

☐ Floors of high-traffic rooms

☐ Laundry moving

☐ _____

☐ _____

Rotation log

WEEK	ZONE	DONE	WHAT WAS LEFT OVER
Week 1			
Week 2			
Week 3			
Week 4			
Week 5			